

## EuGMS SIG-on GR survey on "Best Practice in geriatric rehabilitation in Europe"



EuGMS SIG-on GR special survey on "Nutritional care in geriatric rehabilitation across Europe"

Dear colleague,

We would like to invite you to participate in the surveys on best practice and nutritional care in geriatric rehabilitation across Europe.

To our current knowledge the best practice and nutritional care in geriatric rehabilitation differ widely across regions. Up to now no systematic survey has been undertaken in this regard. The COVID-19 pandemic has placed additional pressures on rehabilitation services for older people and we have developed this survey to help harmonize recommendations across Europe at this important time.

The results of these surveys will be presented and discussed in a special meeting 2020 in Athens (EuGMS E-Congress) and published in an international Geriatric Medicine and Rehabilitation Journal in 2020. Additionally we plan a symposium on this topic 2021 in Buenos Aires (IAGG-World-Congress) with representatives of post acute care and geriatric rehabilitation from all continents.

This will help geriatricians, scientists and politicians alike to understand where deficits may be found and how rehabilitation in older persons might be developed in their region of the world.

The <u>general questionnaire</u> on "Best Practice in geriatric rehabilitation in Europe" should be filled out **by eldery care physician, geriatrician** experienced in geriatric rehabilitation or post acute rehabilitation in elderly patients.

It consists of 3 main sections, with subtopics and sub questions. The questionnaire needs to be filled out in one session, it is not possible to save your answers in between. It takes around 30-45 minutes to complete the questionnaire.

Survey-Link:

https://docs.google.com/forms/d/e/1FAIpQLScL8ISxlhH6xbWkWUjy6MBkc8q4ZIDMjudz5NV8HTbtKID27A/viewform?

The <u>special questionnaire</u> on "Nutritional care in geriatric rehabilitation across Europe" should mainly filled out **by nutritional care experts** (dietician, nutritionist, dietetic assitant) and if not available by persons who are responsible for nutritional care in the geriatric rehabilitation center.

It consists of 32 questions, some with subquestions. The questionnaire needs to be filled out in one session, it is not possible to save your answers in between. It takes around 20-35 minutes to complete the questionnaire.

Survey-Link:

https://docs.google.com/forms/d/e/1FAIpQLSegy9HfaAX1P NZglqMxg9IsA70WK9stdUI92I1EyICLmuBYw/viewform

If you want to give us some additional -detailed - information, or you have questions, please send us an email: stefan.grund@bethanien-heidelberg.de.

Thank you very much for your cooperation!

Kind regards,

The EuGMS Special Interest Group - on Geriatric Rehabilitation